

2006 MIAC Men's Cross Country Awards

The Minnesota Intercollegiate Athletic Conference (MIAC) announced its 2006 Cross Country Awards today, November 1, 2006. Saint John's University and University of St. Thomas won the men's and women's championships, respectively, at the MIAC Championships held October 29th at Como Park Golf Course in St. Paul. Individually, Hamline's Travis Bristow won the men's race while Gustavus' Hailey Harren won the women's race.

MIAC Men's Cross Country Coach of the Year

Saint John's University head coach Tim Miles led the Johnnies to the team title at the 2006 MIAC Men's Cross Country Championships. Saint John's captured it's first championship since 1999 and 14th overall team title. The Johnnies used a total team effort to capture the title; they placed five runners (Mitch Vanbruggen, Kelly Fermoyale, Chris Erichsen, Andrew Stevens, and Darren Larsen) in the top 12 individuals.

MIAC Men's Athlete of the Year

Hamline University senior Travis Bristow (Pine River, Minn./Pine River-Backus) won the individual title as the Pipers took second at the MIAC Men's Cross Country Championships. Bristow is the first Piper to win the individual crown since Tom Kreger accomplished the feat in 2002. Bristow finished the 8-kilometer course in a time of 26:02.52 - 6.6 seconds ahead of Saint John's Mitch VanBruggen.

2006 All-Conference			
1	Travis Bristow	HU	26:02.52
2	Mitch Vanbruggen	SJU	26:09.12
3	Chris Yotter	HU	26:13.42
4	Dan Steinbrecher	HU	26:15.57
5	Kelly Fermoyale	SJU	26:18.17
6	Chris Erichsen	SJU	26:21.02
7	Dan Greeno	BU	26:33.57
8	Carl Gladitsch	BU	26:36.02
9	John Nowinski	CAR	26:38.52
10	Andrew Stevens	SJU	26:42.92
11	Dylan Keith	MAC	26:43.67
12	Darren Larsen	SJU	26:43.92
13	Logan O'Grady	UST	26:44.67
14	Chris Delaubenfels	GAC	26:46.07
15	Jon Murphy	HU	26:48.77